



DIETARY MANAGEMENT OF INHERITED METABOLIC DISORDERS CONFERENCE 2026

22nd April 2026

The Royal Society of Medicine, London

Wednesday, 22nd April: Chair for morning session: **Marjorie Dixon**, London

09.00–09.15	REGISTRATION AND COFFEE	
09.15–9.30	Welcome	Marjorie Dixon, Clinical Lead Dietitian for Metabolic Medicine, London
9.30–10.00	History of DMIMD	Pat Portnoi, DMIMD Expert
10.00–10.30	How Newborn screening has transformed IMD Dietetic Practice	Camille Newby, Lead Specialist Paediatric Dietitian in Inherited Metabolic Disease, Bristol
10.30–11.00	BREAK	
11.00–11.45	Long-term Outcomes of Individuals with Metabolic Diseases Identified Through Newborn Screening	Professor Ulrike Mütze, Associate Professor, Metabolic Medicine, Heidelberg
11.45–12.30	Human Milk Feeding in Inherited Metabolic Disorders – State of Play and Future Perspectives	Alexander Höller, Dietitian, Head of Division for Nutrition and Dietetics, Innsbruck, Austria
12.30–13.30	LUNCH	
13.30–14.30	WORKSHOP A: A New Tool or a New Risk? Weight-Loss Injections in Inherited Metabolic Disorders	Sarah Firman, Principal Dietitian in Adult Inherited Metabolic Disorders and Jennifer Cook, Specialist Dietitian, London
	WORKSHOP B: Dietary Management of Classical Homocystinuria – Sharing Practice	Lucy White, Specialist Paediatric Dietitian in Inherited Metabolic Disease, Sheffield
14.30–15.00	BREAK	
15.00–16.00	WORKSHOP A: A New Tool or a New Risk? Weight-Loss Injections in Inherited Metabolic Disorders	Sarah Firman, Principal Dietitian in Adult Inherited Metabolic Disorders and Jennifer Cook, Specialist Dietitian, London
	WORKSHOP B: Dietary Management of Classical Homocystinuria – Sharing Practice	Lucy White, Specialist Paediatric Dietitian in Inherited Metabolic Disease, Sheffield
16.05–16.15	CLOSE FROM NUTRICIA	