



### WHY HAVE I RECEIVED THIS INFORMATION SHEET?

You have received this information sheet because you have a child aged 0-6 months who is being investigated for, or diagnosed with, milk protein allergy. Milk protein allergy is the most common food allergy among young children.

### WHAT IS MILK PROTEIN ALLERGY?

Milk protein allergy means that the body's immune system believes that the protein in milk is something dangerous, which the body must defend itself against. It does this by triggering an allergic reaction. Almost all children who develop a milk protein allergy do so in the first year of life. Most babies outgrow their allergy before the age of three. Ask your child's doctor to do regular checks and determine if your child is still allergic.

### HOW IS MILK ALLERGY TREATED?

The treatment involves excluding food containing milk protein. During the child's first six months, this means giving breast milk and/or infant formula adapted for milk protein allergic children.

*This sheet provides initial information about Pepticate but does not replace continued contact with healthcare. Do you have questions regarding your child's treatment, contact your BVC, doctor or dietician.*

**Nutricia** | [www.nutricia.se](http://www.nutricia.se)

Nutricia supports the WHO-code that breastmilk is the best nutrition for the infant. Pepticate is Food for Special Medical Purposes in the dietary treatment of diagnosed Milk Protein Allergy. To be used under medical supervision.

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**Pepticate**

Pepticate is available for purchase at pharmacies and is reimbursed when prescribed by doctors to infants with milk protein allergy diagnosis.

Product	Article nr	Amount
Pepticate Syneo 1	90 05 16	1 burk à 450 g
Pepticate	90 04 93	1 burk à 450 g



## PEPTICATE INFANT FORMULAS FOR MILK PROTEIN ALLERGY

Pepticate are infant formulas adapted for children with milk protein allergy and contains all the nutrients that the child needs, from birth up to 6 months. Pepticate can also be used after 6 months, then in combination with other food that the baby eats.

### WHAT IS THE DIFFERENCE BETWEEN PEPTICATE SYNEO 1 AND PEPTICATE?

Pepticate Syneo 1 is a newer and thus more updated infant formula containing both fiber and live bacterial culture. Pepticate contains fiber, but lacks a live bacterial culture.

*Both provides good and effective symptom relief in case of milk protein allergy, and have a mild taste and aroma.*

### HOW DO I PREPARE PEPTICATE?

Always prepare only one meal at a time. Heated or leftover mixture is discarded. Boil cold water, which is then allowed to cool to eating temperature. Never use hot water directly from the tap. Add Pepticate powder and whisk/shake well. **For a final volume of 100 ml, mix 3 scoops of powder diluted in 90 ml of water.** Pepticate can also be used in cooking, as a substitute for milk, e.g. in porridge and gruel.\*

\*Please note that Pepticate Syneo mixture should not be heated above 40 degrees. At warmer temperatures, the live bacterial culture added to Pepticate Syneo dies.

[nutricia.se/mjolkproteinallergi](https://nutricia.se/mjolkproteinallergi)

More information and support for you with an infant with milk protein allergy:

- ✓ Milk free breast feeding
- ✓ Prepare for the doctor appointment
- ✓ Symptom diary
- ✓ Recipe and milk free food

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