

# VIRTUAL MEETING INVITATION

## NORDIC KETOGENIC DIET MEETING 2021

Nutricia Specialized Nutrition with Matthew's Friends have the pleasure to invite you to the 2021 VIRTUAL Nordic ketogenic diet meeting.

WHEN:

Thursday Nov 18<sup>th</sup> 12.30-16.30 CET

Friday Nov 19<sup>th</sup> 08.30-11.50 CET



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**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION



**MATTHEWS FRIENDS**

Ketogenic Dietary Therapies  
Information • Training • Research • Support  
Registered Charity No. 1108016

# Preliminary PROGRAM & TOPICS

## Thursday Nov 18<sup>th</sup>

12.30-12.45

Welcome & Opening

12.45-13.15

Pediatric Guidelines in Ketogenic Diet – Maria Dahlin MD PhD (SE)

13.15-14.00

Adult Guidelines in Ketogenic Diet – Susan Wood BCs RD (UK)

14.00-14.10

Break

14.10-14.55

Specific indications in epilepsy: Infantile spasm – Anastasia Dressler Prof. MD (AT)

14.55-15.40

Supporting Families – Emma Williams MBE CEO/Founder Matthew's Friends

15.40-16.25

Ketogenic Diet in different epilepsy syndromes

16.25-16.30

Summary & Close



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# Preliminary PROGRAM & TOPICS

## Friday Nov 19<sup>th</sup>

08.30-08.40

Welcome & Opening

08.40-09.10

Patient story: "Fighting for fat" - Mette Estep (NO)

09.10-09.55

Psychological aspects for patients and families

09.55-10.10

Break

10.10-10.55

Slow start of diet, out patient (focus on Adults) – Susan Wood BCs RD (UK)

10.55-11.40

Ketogenic Diet therapy for epilepsy, variations and flexibility between protocols-  
Beth Zupec-Kania RD CD (US)

11.40-11.50

Summary & Close



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# PRACTICAL INFORMATION

## WHEN

2 half days

## WHERE

Online webinar, link via e-mail after registration

## CONTACT

Let us know if you need support or have any further questions regarding the webinar.

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